

All are invited to a BAHVN/NAMI East Bay One-Day Workshop with Cindy Marty Hadge

The BAHVN and NAMI East Bay are presenting a one-day workshop and introduction to the Hearing Voices Movement for family members, voice hearers and clinicians who work in mental health. The in-person workshop will be led by Cindy Marty Hadge, Lead Trainer for the Wildflower Alliance in Massachusetts and recognized world leader in the hearing voices movement.

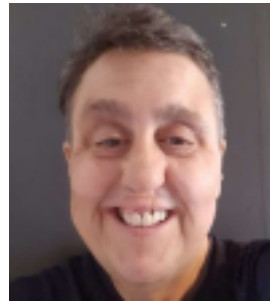
Sunday, July 2, 10am-5pm
North Berkeley Senior Center
1901 Hearst Ave, Berkeley

\$40 to \$20 donation for family members, clinicians, and caregivers
(scholarships available)

Free for those who hear voices, or experience extreme states and have lived experience.

Coffee, tea, and pastries provided.

In this one-day workshop we will explore the Hearing Voices Recovery movement and the role of peer support and engagement, as well as compassionate approaches to being present with, understanding, and supporting our loved ones who hear voices. Learn tools for coping with these experiences. Learn effective communication strategies for relationship building that help to overcome helplessness, fear, and stigma.



Cindy Marty Hadge has extensive personal experience with

voices and visions, as well as over a decade of professional experience supporting other voice-hearers. She has had the privilege of both learning from and supporting system change in the international community, from the Netherlands to Australia.

To register for the workshop go to bayareahearingvoices.org