

HEARING VOICES NETWORK BAY AREA



Voices, Visions and Different Realities Group for Family Members

*Are you in a relationship with someone who experiences
visions, different realities, or hears voices?*

*Would you like to find a better way to communicate with
your loved one about their experiences?*

We invite you to join with other family members and friends and explore compassionate approaches to being with your loved one's experience. Learn tools for coping with extreme experiences as well as how to support your loved one and gain a better understanding of their meaning and content.

**The first group meets Thursday January 22nd and bi-weekly for
5 weeks 6:30-8:00 pm
NAMI East Bay offices
Albany Methodist Church
980 Stannage Ave, Albany, CA.**

(Entrance around back of building, this group is upstairs and not wheelchair accessible)

This is a free group. Please register for the group prior to its first meeting with Ed Herzog edherzog@comcast.net or Carla Wilson carla295@sbcglobal.net or call 510-528-9312.

The Hearing Voices Network is comprised of people who see, hear, feel and think things that others may not experience. For more information about the hearing voices network, check out our website at: www.bayareahearingvoices.org Please email us at: bayareahearingvoices@gmail.com. Or find us on Facebook: facebook.com/bayareahearingvoices