

September 2022

www.bayareahearingvoices.org

Vol 2 #9



Perspectives on the Hearing Voices Approach

Presented by the

Bay Area Hearing Voices Network

Join us for a webinar about the hearing voices approach to living with voices and supporting our loved ones who hear voices or have other unusual experiences

Thursday, Sept 22, 2022 5-6:30 pm PST; 2-3:30 EST

SPEAKERS: BAHVN Board Members: Psychologist Bret Fimiani, HV Group Facilitator David Hallsted, and BAHVN President and Family Member Edwin Herzog
BAHVN Webinars are held bi-monthly on the third Thursday of the month: Nov 17, 2022; Jan 19, March 16, May 18, and July 13, 2023

To attend go to the Webinar info page [here](#).

The Voices Behind the Book of Form and Emptiness: Ruth Ozeki in Conversation with the Hearing Voices Network

Join the HVN-USA and ISPS-US for an upcoming webinar: Thursday, September 29th, 6:00-7:30 pm EST, 5-6:30 CST; and 4-5:30 PST.

The Book of Form and Emptiness by Ruth Ozeki tells the story of a young voice hearer named Benny Oh. The novel is narrated by one of Benny's voices, a book that tells the story of Benny's life. Although Benny experiences mainstream psychiatric care including psychiatric hospitalization, it is not the medical model that helps Benny make sense of his life.

Like many voice hearers, Benny makes meaning out of his experiences through developing relationships with fellow psychiatric survivors and voice hearers, and through finding ways to relate positively to his own voices. The Book of Form and Emptiness is a remarkable example of how the core principles and understandings of the Hearing Voices Network approach is influencing mainstream culture.

Panelists include: Ruth Ozeki, Author; Jeannie Bass, Director of Peer Services and HVN-USA Board member; Claire Bien, Author, HVN-USA Board member, and president, ISPS-US; Derek Pyle, Writer and HVN support group facilitator. With thanks to Remy Blasko.



Voices, Visions & Other Unusual or Extreme Experiences

ISPS-US



THE INTERNATIONAL SOCIETY
FOR PSYCHOLOGICAL AND SOCIAL
APPROACHES TO PSYCHOSIS
UNITED STATES CHAPTER

The Voices Behind The Book of Form and Emptiness:

RUTH OZEKI IN CONVERSATION
WITH THE HEARING VOICES
NETWORK (HVN)



LIVE

WEBINAR

9.29.22 6PM-7:30PM EST



Ruth Ozeki
Author



Claire Bien
HVN



Jeannie Bass
HVN



Derek Pyle
HVN

TRAINING

World Hearing Congress Lands in Brazil

This year's International Congress will be hosted by Hearing Voices Brazil, and will be located at Porto Alegre in the South of Brazil from November 3-5th, 2022. It will be hybrid - allowing for both in person and on-line participants - as supported by Online Events who also supported last year's online Congress in Ireland. BAHVN board member Cindy Marty Hedge will be one of the featured speakers. More info [here](#).

ISPS-US Conference in November

ISPS-US will hold their next conference - Opportunity Through Experience: Psychosis, Extreme States, and Possibilities for Transformation - from November 4-6, 2022, in Sacramento, CA, as well as online.

Keynote speakers to include Celia Brown, psychiatric survivor and a long time advocate for people with psychiatric disabilities; Lionel Corbett, psychiatrist, Jungian analyst, and professor of depth psychology; Carlos Padrón, licensed psychoanalyst. To register go to: ISPS.org

6 Session Class: Working with Hearing Voices and Unusual Beliefs

Participants will learn how to understand and support people to make meaning of their experiences with hearing voices & unusual beliefs or what gets called "paranoia."

Attendance at all sessions is required to fully complete the training. All sessions will be held on-line, and all times listed are in Eastern USA time.

Registration is required. Space is limited. All sessions will be led by Peter Bullimore & company.

Thursday, Nov 3 10-2pm Eastern: Three Stages of Hearing Voices
Friday, Nov 4, 10-2pm Eastern: Three Stages of Unusual Beliefs/"Paranoia"

Tuesday, Nov 8 10-11:30am Eastern: Maastricht Interview Overview

Wednesday, Nov 9, 9-4pm Eastern: Using Maastricht for Voices

HEARING VOICES GROUPS

The Bay Area Hearing Voices Network offers five, online groups Monday-Friday. To enter the on-line support group meeting go to our website: www.bayareahearingvoices.org and click on the link for the group you want at the bottom of the page.

Monday Meetings:

BAHVN in partnership with Berkeley Mental Health offers separate support groups for adults and family members. The 2 separate support groups meet Mondays from 6 to 8 pm.

Tuesday Meeting:

BAHVN in partnership with [HealthRIGHT360 of San Francisco](#) offers an online adult support group Tuesday evenings from 6 to 8 pm led by trained facilitators with lived experience in the mental health system.

Wednesday Meeting:

BAHVN, in partnership with the [Mental Health Association of San Francisco](#) (MHASF), offers an online adult support group Wednesday evenings from 6-8 pm.

Thursday Meetings:

The HVN-USA Family and Friends Group (friends, lovers, and caretakers) are welcome too) meets online for 90 minutes every Thursday 2:30-4:00 pm PST. To join contact cindy@westernmassrlc.org

BAHVN Game Night, Friday Nights, 5-7 pm:

An on-line weekly night of fun and games. Game play is free of charge to BAHVN adults, TAY, and family members, All attendees are required to open an [account at boardgamearena.com](http://boardgamearena.com), where the game night will be held online. Go to the [BAHVN homepage](#) for a Zoom audio link to Game Night.

The Bay Area Hearing Voices Network is a non-profit 501c3 organization. We seek to expand public awareness, provide community support, and refuge for those who hear voices, see visions, and experience other forms of extraordinary perception. To submit articles contact edherzog48@gmail.com. For more information about us visit our website: bayareahearingvoices.org