



**Oct 2021**

**[www.bayareahearingvoices.org](http://www.bayareahearingvoices.org)**

**Vol 1 #7**

## **The Search for Meaning Purpose And Connection In Pandemic Times**

Our own Bay Area Hearing Voices board member, Cindy Hadge gave a keynote address at the 12<sup>th</sup> annual World Hearing Voices Congress in 2021. In this keynote she speaks to adversity during pandemic times, and how this shared peril has negatively impacted so many while at the same time sparking new opportunities and connections.

Knowing that the Hearing Voices Movement changed and transformed her life and the lives of so many others, Cindy feels that it is imperative to carry the message of possibilities forward, beyond diagnosis and prognosis and through any hardship. She reflects on her experiences during COVID with voice hearer and family and friend groups, and training experiences with service providers, attorneys and beyond, all the while speaking to her hope that this collective trauma may provide new inroads to greater compassion for a range of human experience.

See the keynote here:

[https://www.youtube.com/watch?v=L\\_cW0mWlur0](https://www.youtube.com/watch?v=L_cW0mWlur0)

## **Redefining Crazy: It's the System, Not the People on-line Conference Nov 3-5**

The Redefining Crazy conference offered by the Mental Health Association of San Francisco will be offered on line this year November 3-5. Main themes of this year's conference will be: Communities Reclaiming Wellness; Hoarding and Cluttering; and Opportunities in the "New Normal. This online event is free and donations are accepted.

BAHVN facilitators Rachel Flanigan and Ed Herzog will be two of the featured speakers. For more information contact:

<https://zoom.us/meeting/register/tJUudemrqDgqHNYcNOu4DKU8DN7oKnUvZF2x>

**BAY AREA HEARING VOICES NETWORK**



## TRAINING

# International Peer Respite/Soteria Summit

**Creating Compassionate Alternatives to Systemic Interventions for  
People in Crisis and Distress Sundays in October!**

*October 17, 24 & 31*

*9am-12pm PT; 12pm-3pm ET; 5pm-8pm BT; 7pm-10pm IT*

Presenters include Cindy Hadge alongside Voyce Hendrix, Robert Whitaker, Vic Welle, and more! Virtual Conference: Join from wherever you are. The Summit will include a day of welcoming and inspiration, workshops, and a finale of community building and looking to the future. Registration is free of charge; donations are welcome.

To register: <https://form.jotform.com/212486035710147>



## **Working with Hearing Voices and Unusual Beliefs with Peter Bullimore and Company**

Participants in this 6-session January training will learn how to better understand and support people to make meaning of their experiences with voice hearing and/or unusual beliefs or what gets called “paranoia.”

Attendance at all sessions is required to fully complete the training. All sessions will be held on-line, and all times listed are in Eastern USA time.

*Registration is required. Space is limited.*

<https://sable.madmimi.com/c/12931?id=902044.18763.1.3bf92d10f5fe840a626e222847d4a>

[dfa](#)

## TRAINING

### Voices, Visions, and Beliefs (On-Line Class) by Advocacy Unlimited

"VOICES, VISIONS, AND BELIEFS AN ALTERNATIVE VIEW OF  
EMOTIONAL STATES" *With Ken Blatt*

*Tuesday nights, October 12, 2021 - November 16, 2021*

*6:30 PM-8:30 PM*

Class takes place virtually on zoom. There is no fee, but please consider donating to the Maastricht Approach Project! E-mail [saulblatt@gmail.com](mailto:saulblatt@gmail.com) for more information

### Learning Opportunity: ISPS-US Virtual Conference

**Moving Toward Shared Understandings in Extreme States:  
Professional, Individual, and Family Perspectives**

*November 5-7, 2021 on-line*

From the website:

Join ISPS-US at our 2021 Conference and Annual Meeting as we consider the progress that can be made when multiple perspectives are honored in the understanding of extreme states. For more information contact: <https://www.isps-us.org/upcoming-conferences.php>

### Beyond Possible: How the Hearing Voices Approach Transforms Lives

The film was released in 2019 as a part of the **Hearing Voices Research & Development Fund's** efforts to increase understanding of the impact of Hearing Voices groups, and increase their accessibility across the United States. The fund represents a collaboration between **Open Excellence, Mount Holyoke College,** and the **Wildflower Alliance.** To access the film go to YouTube:

<https://www.google.com/search?q=beyond+possible%3A+how+the+hearing+voices+approach+transforms+lives>



## HEARING VOICES GROUPS

The Bay Area Hearing Voices Network offers five, online groups Monday-Thursday. **To enter the on-line support group meeting go to our website: [www.bayareahearingvoices.org](http://www.bayareahearingvoices.org) and click on the link at the bottom of the page to the Wednesday group.**

### **Monday Meetings:**

BAHVN in partnership with Berkeley Mental Health offers separate support groups for adults and family members, The 2 separate Support Groups meet Mondays from 6 to 8 pm.

### **Tuesday Meeting:**

BAHVN in partnership with [HealthRIGHT360 of San Francisco](#) offers an online adult support group Tuesday evenings from 6 to 8 pm led by trained facilitators with lived experience in the mental health system.

### **Wednesday Meeting:**

BAHVN, in partnership with the [Mental Health Association of San Francisco](#) (MHASF), offers an online adult support group Wednesday evenings from 6-8 pm.

### **Thursday Meetings:**

**The HVN-USA Family and Friends Group** (friends, lovers, and caretakers) are welcome too) meets online for 90 minutes every Thursday 3-4:30 pm PST.

To join contact [cindy@westernmassrlc.org](mailto:cindy@westernmassrlc.org)

**Thursday BAHVN Game Night, 5-7 pm**, Game play is free of charge to BAHVN adults, TAY, and family members, an on-line weekly night of fun and games. All attendees are required to open an [account at boardgamearena.com](#), where the game night will be held online. Go to the [BAHVN homepage](#) for a Zoom audio link to Game Night.

*The Bay Area Hearing Voices Network is a non-profit 501©3 organization. We seek to expand public awareness, provide community support, and refuge for those who hear voices, see visions, and experience other forms of extraordinary perception. To submit articles contact [edherzog48@gmail.com](mailto:edherzog48@gmail.com) For more information about us visit our website:[bayareahearingvoices.org](http://bayareahearingvoices.org)*