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***Welcome to our first edition of the monthly Bay Area  
Hearing Voices Network NEWS.***

### **Help Create a Book Celebrating American Voice Hearers**

The HVN-USA is seeking more poetry and personal narratives of 5000 words or less from voice-hearers and visionaries from the US. Visual art and music can also be submitted. The due date for submissions is May 31, 2021. Please submit to:  
[info@hearingvoicesusa.org](mailto:info@hearingvoicesusa.org)



## **TRAINING**

### **Online Hearing Voices Group Facilitator Training**

Applications are now available for the next online version of the Hearing Voices group facilitator training. This training will meet on Zoom from 2PM-6PM EST on M-W-F (training dates are April 19, 21, 23, 26, 28, and 30<sup>th</sup>)

The training will provide a strong grounding in the values, history, and application of the Hearing Voices approach and prepare participants to advocate or and facilitate Hearing Voices groups.

Here is the link to register for the training:

<https://www.nmmitc.com/events/hearing-voices-group-facilitator-training-presented-by-the-hearing-voices-network-hvn>

## TRAINING

### **Maastricht Interview for Hearing Voices**

Learn to use the Maastricht Interview tool to support people who hear voices to make meaning and take control of their experience. The Maastricht Interview is a semi-structured questionnaire originally developed by science journalist, Sandra Escher, psychiatrist, Marius Romme and voice hearer, Patsy Hage. It was developed as a way to explore the voice hearing experience in depth and provide tools needed to build trust and understanding.

**This training has been split into four days to maximize the on line learning potential. Attendance at all sessions is required to complete the class.**

**Dates and times are as follows:**

**Monday, April 5, 9am to 4pm**

**Tuesday, April 6, 9am to 4pm**

**Friday, April 9, 9am to 4pm**

To register go to: <http://tiny.cc/Maastricht421>



## HEARING VOICES GROUPS

The Bay Area Hearing Voices Network offers four, online groups Monday-Wednesday. **To enter the on-line support group meeting go to our website: [www.bayareahearingvoices.org](http://www.bayareahearingvoices.org) and click on the link at the bottom of the page to the Wednesday group.**

### **Monday Meetings:**

**BAHVN in partnership with Berkeley Mental Health offers separate support groups for adults and family members, The 2 separate Support Groups meet Mondays from 6 to 8 pm.**

### **Tuesday Meeting:**

**BAHVN in partnership with [HealthRIGHT360 of San Francisco](#) offers an online adult support group Tuesday evenings from 6 to 8 pm led by trained facilitators with lived experience in the mental health system.**

### **Wednesday Meeting:**

**BAHVN, in partnership with the [Mental Health Association of San Francisco](#) (MHASF), offers an online adult support group Wednesday evenings from 6-8 pm.**

### **Thursday Meeting:**

**The HVN Family and Friends Group (friends, lovers, and caretakers are welcome too) meets online for 90 minutes every Thursday 3-4:30 pm PST. To join contact [cindy@westernmassrlc.org](mailto:cindy@westernmassrlc.org)**

*The Bay Area Hearing Voices Network is a non-profit 501©3 organization. We seek to expand public awareness, provide community support, and refuge for those who hear voices, see visions, and experience other forms of extraordinary perception. To submit articles contact: [edherzog48@gmail.com](mailto:edherzog48@gmail.com) For more information about us visit our website: [bayareahearingvoices.org](http://bayareahearingvoices.org)*

## **BAY AREA HEARING VOICES NETWORK**

